

May 2019

Come for lunch, stay for fun!

Monday—Friday, 11:30 a.m.—1:30 p.m. • 7574 N. Lincoln Avenue, Skokie (Inside the Ethical Humanist Society)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 APRIL Board Games <ul style="list-style-type: none"> • BBQ Chicken • Baked Potato • Cauliflower • Mixed Fruit 	30 APRIL Chair Yoga <ul style="list-style-type: none"> • Chicken with Marinara • Scalloped Potatoes • Brussels Sprouts • Melon & Juice 	1 10 Healthy Habits – Part 1 <ul style="list-style-type: none"> • Jambalaya • Brown Rice & Red Peppers • Broccoli • Chilled Pears • Corn Bread 	2 Zumba Gold <ul style="list-style-type: none"> • Tuna Salad Sandwich • Garbanzo & Kidney Beans • Chilled Peaches • Melon 	3 Film Friday <ul style="list-style-type: none"> • Chicken Marbella • Rice Florentine • Vegetable Blend • Whole Orange
6 Sitcom Monday <ul style="list-style-type: none"> • Chicken with Cabbage • Diced Potatoes • Bean Casserole • Whole Orange 	7 Chair Yoga <ul style="list-style-type: none"> • Orzo Chicken Salad • Mixed Salad Greens • Herbed Tomato Wedges • Pineapple Tidbits 	8 PO*KE*NO <ul style="list-style-type: none"> • Spinach & Swiss Souffle • Potato Hash • Mixed Fruit • Corn Bread • Whole Orange 	9 Zumba Gold <ul style="list-style-type: none"> • Julienne Turkey Salad • Vegetable Soup • Mixed Fruit • Banana 	10 Film Friday <ul style="list-style-type: none"> • Potato-Crusted Fish Fillet • Au Gratin Potatoes • Coleslaw • Warm Applesauce
13 Karaoke <ul style="list-style-type: none"> • Meatball Sub Sandwich • Italian Potatoes • Italian Green Beans • Whole Orange 	14 Chair Yoga <ul style="list-style-type: none"> • Sloppy Joe Sliders • Tomato Soup • Potato Salad • Whole Apple 	15 Simple Crafts Aerobics <ul style="list-style-type: none"> • Turkey Club Sandwich • Pea Salad • Pineapple Tidbits 	16 Zumba Gold <ul style="list-style-type: none"> • Roast Beef & Turkey Sandwich • Cream of Mushroom Soup • Beet Salad • Banana 	17 Film Friday <ul style="list-style-type: none"> • Veal Parmesan • Penne Pasta with Marinara • Broccoli • Melon
20 Game Show Party <ul style="list-style-type: none"> • Chicken ala Orange • Vegetable Rice Pilaf • Bean Salad • Hot Peach Crumble 	21 Chair Yoga <ul style="list-style-type: none"> • French Dip of Beef • Oven Fries • Harvard Beets • Melon 	22 Wii Games <ul style="list-style-type: none"> • Lasagna • Squash Medley • Italian Green Beans • Oatmeal Raisin Cookie 	23 Zumba Gold <ul style="list-style-type: none"> • Crab Salad • Mixed Salad Greens • Dilled Cucumbers • Mixed Fruit • Apple Crisp 	24 Skokie Public Library <ul style="list-style-type: none"> • All-Beef Hot Dog • American Potato Salad • Vegetarian Baked Beans • Fresh Fruit & Dessert
27 CLOSED <i>Happy Memorial Day</i> 	28 Chair Yoga <ul style="list-style-type: none"> • Hamburger • Baked Beans • Mixed Vegetables • Mixed Fruit • Melon 	29 Wii Games <ul style="list-style-type: none"> • Chicken Salad • Mixed Salad Greens • Tri-Bean Salad • Ambrosia Custard 	30 Zumba Gold <ul style="list-style-type: none"> • Spaghetti & Meatballs • Vegetable Blend • Chilled Pears 	31 Film Friday <ul style="list-style-type: none"> • Herbed Chicken • Mashed Potatoes & Gravy • Green Bean Casserole • Melon

Menu subject to change.