

Coming to Tysons

By Linda Barrett

There's an exciting new community coming to the Tysons area that's designed to be the first Life Plan Community in Tysons. Projected to open in 2023, to residents 62 and better, The Mather will offer apartment homes with SMART home technology, amenity-rich community spaces, and luxury of a different kind for those who wish to plan ahead to live life to the fullest. It is a place in which people can pursue new passions and priorities, with a plan in place that supports aging well.





"We are thrilled to have received approval for this exciting new community," said Mary Leary, Mather LifeWays CEO and President. Life Plan Communities provide a continuum of living options that enable people to plan ahead to access additional services, such as health care, if ever needed. It will feature amenities and program offerings centered around six dimensions of wellness supported by research from Mather LifeWays' nationally-recognized Institute on Aging.

This unique type of community offers the added peace of mind with access to on-site care like assisted living, rehabilitation services, skilled nursing and memory support, thus allowing people to "age in place" gracefully.

The Mather's apartment homes will range in size from 850 square feet to more than 3,000 square feet, with modern, open floor plans. Prices start at \$650,000, depending upon apartment size, location, service package, and selected health plan.

The community will also feature lush green spaces, a fitness center and day spa, and inspiring social, educational and cultural opportunities such as digital media workshops, live music, art & technology seminars, featured lecturers, and much more.

The Mather is expected to deliver significant public benefits to Tysons and Fairfax County, including additional retail stores on Westpark Drive, a publicly-accessible urban park with nearly three acres of green space, employment opportunities, and a commitment to sustainability. It is seeking LEED Gold certification.

Reservations Already Being Accepted

Reservations are already being accepted, and nearly 200 have already been placed. This suggests an enormous interest in the project, and a need for a senior housing component in Fairfax County.

Deposits of 10% are now being accepted on select apartment homes, and that locks in pre-construction pricing and medical approval now, as well as provides the best choice of floor plans and views and the ability to upgrade and customize finishes.

Pricing includes a one-time entrance fee that is 90% refundable to the resident or their estate. Residents also pay a monthly service fee, variable by the size of the home, to cover daily living expenses and services.

The Information and Design Center is located at 7901 Jones Branch Drive, Suite 110, McLean, VA 22102. For more information about becoming a future resident, visit www.TheMatherTysons.com, call 703-348-8522, or email info@themathertysons.com.

"My husband and I are looking forward to becoming residents of The Mather upon its completion in 2023," said Peggy Love of Arlington, VA. "The upscale proposition of The Mather is beyond just another beautiful high-rise condo building. Its forward-thinking plan fits perfectly with the goals of the Tysons Corner initiative. We look forward to contributing to Tysons' growth as an integral part of the area."

The Age Well Study

The Age Well Study released by Mather LifeWays Institute on Aging shows that residents living in Life Plan Communities report more healthy behaviors and have greater emotional, social, physical, intellectual and vocational wellness than a demographically-similar group of older adults living in the community at large. That's good news for the Tysons community.

In the study, Life Plan Community residents report:

- Greater satisfaction with life
- More physical activity
- Increased personal connections
- Higher volunteering frequency
- More optimism
- Greater life purpose
- Better self-reported health and fewer chronic conditions

The five-year study is available as a free download at www. The Age Well Study.com.

More About Mather LifeWays

Mather LifeWays is a non-denominational, not-for-profit organization founded more than 75 years ago with a mission to enhance the lives of older adults. Dedicated to developing and implementing Ways to Age Well, Mather LifeWays creates programs, places and residences for today's young-at-heart older adults. These include providing supporting neighborhoods as better places for older adults to live, work, learn, contribute and play, and identifying, implementing and sharing best practices for Ways to Age Well. In addition to The Mather in Virginia, Mather LifeWays operates Life Plan Communities in Illinois and Arizona. ��