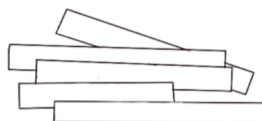


(4) AFFIRMATION WEAVING

SUPPLIES:



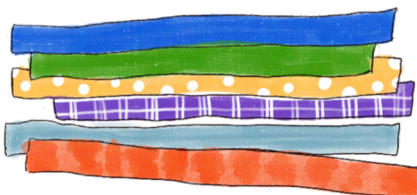
STRIPS OF PAPER



EMBROIDERY FLOSS



STRIPS OF FABRIC



CARDBOARD LOOM

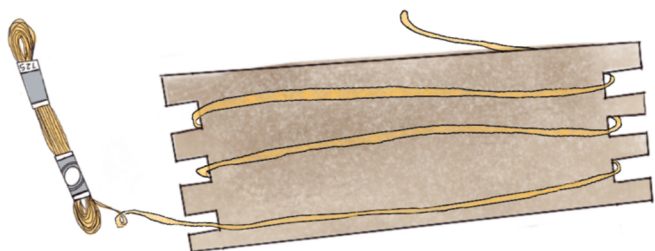


CARDBOARD STRIP
(NOT INCLUDED)



STEP 1:

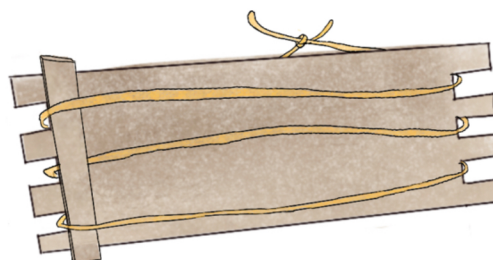
WARP LOOM WITH EMBROIDERY FLOSS



STEP 2:

TIE ENDS IN KNOT.

WEAVE IN CARDBOARD STRIP AT BASE OF LOOM.



STEP 3:

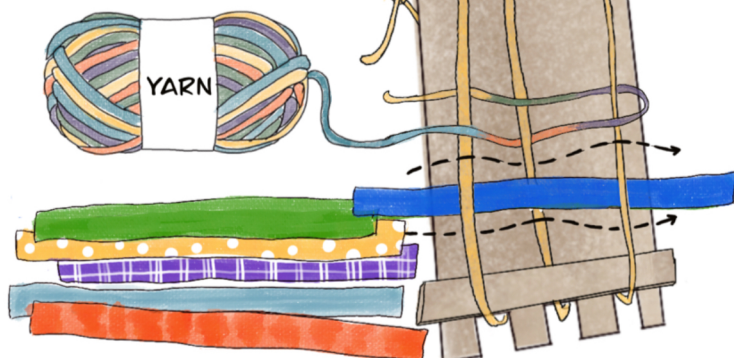
WEAVE IN FABRIC & YARN

WEAVE ALTERNATE STRANDS:

OVER - UNDER - OVER...



UNDER - OVER -UNDER...



STEP 4:

WEAVE IN WRITTEN PAPER STRIPS

